

# Emerson Theological Institute Class Listing

Credit Classes Offered – 100 - 999

Class Numbers by Program

Practical Spiritual Studies: PS100 – 500 (*Levels 1-4 & advanced*)

Interfaith Studies: IF600s

Interspecies Relationships Studies: IR700s

Wisdom Studies & Expressive Arts: WS800s

Transcendent Studies: TS900s

Class Numbers by Type, within each program

00-40=Knowledge Base;

40-60=Self-Actualization;

60-80=Application;

90s=Independent Studies, Special Projects

Enrichment Studies (non-degree): 1000s

## Practical Spiritual Studies Classes

### Knowledge Base

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 101	The Power of Thought	3	A, B, C
	Introduces the idea that thought can have an effect on our bodies and the world around us.		
PS 102	The Nature of Mind	3	A, B, C
	Provides a framework for thinking about mind in individuals and as universal		
PS 103	Healing as a Mental Process	3	A, B, C
	Demonstrates the role of mental activity in the body's healing process.		
PS 104	New Thought Roots & Branches	3	A, B, C
	Introduces the various teachings and teachers that have contributed to today's New Thought movement		
PS 105	New Thought Principles & Practice	3	A, B, C
	Provides an overview of the principles on which the New Thought movement is based and introduces key practices		
PS 106	Thriving Through Mental Processes	3	A, B, C
	Demonstrates through descriptions of individual experiences how peoples' lives are improved as their thoughts and feelings are transformed.		

*Practical Spiritual Studies – Knowledge Base, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 107	The Science of Mind	3	A, B, C
	Introduces Ernest Holmes' teachings, the basis for what he called Religious Science		
PS 108	Purposeful Living	2	A, B
	Focuses on assisting the student in uncovering the untapped power of synchronicity and intuition that will bring success		
PS 109	The Creative Power of Love	1	
	Shows how the power of Divine Love can help change perspectives and unleash tangible benefits through daily interactions, life-long relationships, and the way a person approaches placement in the world.		
PS 110	Processes of Transition	1	
	Provides insights and tools for going through life's many shifts and changes.		
PS 111	Understanding Miracles	1	
	Helps the student understand Universal Law and provides an outline of how miracles are created.		
PS 112	The Infinite Way	1	
	Provides insight and teachings from over 30 years of study of the major religions and philosophies to aid in attaining inner peace.		
PS 201	New Thought Foundation	3	A, B, C
	Uses the foundation classes of the "teacher of teachers" to introduce the student to the fundamental principles & practices of New Thought.		
PS 202	Science Supporting New Thought	3	A, B, C
	Introduces the essential biology, physics, and psychology that explains how New Thought principles and practices work.		
PS 203	Unitive Mind	3	A, B, C
	Provides insights and experiences based on the scientific understanding of consciousness as interpenetrating all matter and energy.		
PS 204	Change Our Thoughts to Change Our World	2	A, B
	Provides insight and teachings from over 30 years of study of the major religions and philosophies to aid in attaining inner peace.		
PS 205	Discovering Divine Science	2	A, B
	Introduces the principles and practices discovered in a little-known branch of the New Thought movement that focuses on scientific inquiry in our spiritual life		
PS 206	Modes of Meditation	2	A, B
	Introduces a variety of methods and approaches to silencing daily thoughts and developing a "single eye" focus.		
PS 207	Success Fundamentals	1	
	How to control thought, attract desired outcomes, attain strength, and use imagination to achieve independence and prosperity.		

*Practical Spiritual Studies – Knowledge Base, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 208	Theory of Morphic Resonance	1	
	An evolutionary biologist offers an important scientific inquiry into the nature of biological and physical reality, such that what happens in one place enhances the probability of its happening elsewhere.		
PS 209	History of New Thought	3	A, B, C
	A detailed look at the lives and teachings of the major teachers and healers who define the New Thought movement.		
PS 210	The Timeless Evolution of New Thought	3	A, B, C
	Learn to navigate life's challenges from those in the current New Thought movement. You may find yourself led into the Light in ways that suit your Soul and become a beacon of Light along your personal spiritual path.		
PS 211	Spiritual Healing	1	
	Embodying and feeling the Presence in developing a healing consciousness.		
PS 212	Creation Within The Matrix	2	A, B
	How the matrix of our universe works and how to speak the language that it recognizes.		
PS 213	The G.O.D. Experiments	1	
	How scientists are discovering God in everything, including human beings		
PS 214	Frequency (Penney Peirce's book)	1	
	The ways in which vibration defines and determines human experience.		
PS 215	Quantum Processes in the One	4	A, B, C, D
	The miraculous and bizarre true story of the cosmos at the most fundamental level, the quantum level, including the 4 discoveries that define quantum mechanics.		
PS 301	Effective Prayer & Treatment	3	A, B, C
	An overview of what works in prayer and what doesn't.		
PS 302	Transformation by Treatment	3	A, B, C
	Applies the lessons by which Emma Curtis Hopkins, the “teacher of teachers,” in the new Thought movement taught students to transform their environments and the lives of those around them.		
PS 303	Science of Mind Treatments	2	A, B
	Introduces and applies the specific treatment method outlined in Ernest Holmes' <i>Science of Mind</i> .		
PS 304	Positive Prayer	2	A, B
	The specific guidelines offered within the Unity tradition for effective prayer treatments.		

*Practical Spiritual Studies – Knowledge Base, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 305	Divine Science Treatments The specific guidelines for treatment offered by Nona Brooks, Malinda Cramer, and the other major teachers of the Divine Science tradition.	2	A, B
PS 306	Becoming the Outcome How to experience the results one intends, during and after treatment.	3	A, B, C
PS 401	The Path of Ministry Introduction to leadership in spiritual communities, includes an overview of speaking, rituals and ceremonies, and the expectations of spiritual leaders.	3	A, B, C
PS 402	Dialog - From Heart and Spirit Introduces the ancient practice of listening from the heart, and speaking from the authentic Self as a way to create entirely new understandings rather than prove a point.	2	A, B
PS 403	Pastoral Counseling An overview of the practice of counseling in a spiritual setting, differentiated from therapy, leading to effective prayer treatment.	3	A, B, C
PS 404	Spiritual Integrity Provides tools to recognize integrity in thought and action so that ethical and moral practice becomes the norm.	2	A, B
PS 405	Community Building Provides a framework for understanding that community doesn't happen automatically; there are stages in the process, and offers processes for encouraging those stages.	2	A, B
PS 406	Finance, Fundraising & Outreach Offers tools and processes for ensuring the financial stability of a ministry or practice.	2	A, B
PS 407	Operations & Planning Provides tools and processes for ensuring that projects and ongoing processes go smoothly and enjoyably for all concerned.	2	A, B
PS 408	Practicum An opportunity to experience and apply lessons learned in this program. Consists of at least 30 hours supervised activity in a spiritual community.	3	
PS 409	Death, Dying, and Funerals Explores ways live life at its fullest potential while reviewing the distress experience around death.	1	
PS 501	The Ministry of Finance, Fundraising & Outreach Provides a deeper understanding of the tools and processes essential for ensuring the financial stability of a spiritual community.	2	A, B

PS 502 Ministry Operations & Planning	2	A, B
Offers Community-building tools and processes for organizing and implementing projects and processes.		
PS 503 Ministry Development	2	A, B
Explores the ways one's ministry evolves and transforms through the experience of leading a spiritual community.		
PS 504 Overcoming Pitfalls in Ministry	2	A, B
Provides the opportunity to review the emotional stressors unique to ministry and tools to avoid ministerial burnout.		
PS 505 Beyond the Pulpit: Ceremonial & Community Leadership	2	A, B
Prepares ministers to confidently lead weddings, memorials, baby blessings, and special or seasonal events, as well as membership meetings and town halls, along with an understanding of the rhythm of a ministry year and how to create meaningful, inclusive experiences beyond Sunday service.		

### Practical Spiritual Studies Self-Actualization

Class #	Title	Credits	Modules
PS 141	Living From Your Inner Power	1	
Explores the nature of God, energy, and Higher Self, leading to living a richer, fuller life — a life spiritually on purpose.			
PS 142	The Divine Path of Intuition	2	A, B
Processes that cultivate intuition by releasing resistance, fear, and doubt to be able to follow Divine wisdom and realize dreams.			
PS 143	Steps to Higher Consciousness	1	
The steps to a state of consciousness where the illusions of sickness, scarcity, and discord are shattered and the world of wholeness, abundance, and right relations is revealed.			
PS 144	Infinite Self, Infinite Power	3	A, B, C
Guidelines for how to consolidate our inherent power and transcend limitations by releasing ourselves from the constraints of the ego.			
PS145	Steps to Freedom (208)	2	A, B
A powerful way of relating to all of life, revealing and releasing the power of the human spirit, and freeing the student from any beliefs in limitation.			
PS 146	Exploring the Soul	3	A, B, C
Develops a deeper perception of Soul, including the spiritual evolution of individuals and the human race, spiritual relationships, and the means of caring for the aspect of self that is called Soul.			
PS 241	The Power of Forgiveness	2	A, B
Why holding on to grievances is really a decision to suffer, what causes us to be unforgiving, and how to unleash tangible benefits through releasing the energy of past experiences.			

*Practical Spiritual Studies Self-Actualization, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 242	Beyond Ego	1	
	Provides a way to end conflict and suffering, and how to awaken a new state of consciousness that leads to a path of a truly fulfilling existence.		
PS 243	Sacred Self Consciousness	3	A, B, C
	Describes the progression of consciousness expansion from emotional awareness to psychological insights to spiritual alternatives, with guidance for carrying out inner work.		
PS 244	Spiritual Mastery	2	A, B
	Provides the teaching and tools to help correct beliefs and perceptions that keep prevent having a perfect union with God.		
PS 245	Perspectives on A Course In Miracles	1	
	Assists the student in understanding more deeply the magnificent power of love in healing the world as described in the famous course.		
PS 246	Spontaneous Fulfillment	3	A, B, C
	How to recognize more, and benefit from the "Coincidences" in life, working toward an intimate experience of the Divine, moving into higher purpose and dealing with love relationships, and improving physical health and financial well-being.		
PS 247	Transformations in Water	2	A, B
	Describes the work of Masaru Emoto and others, applying intention to samples of water, including specific experiments and their outcomes.		
PS 248	Physics & Angels	1	
	A groundbreaking exploration into the ancient concept of the angel. Angels are far greater and more powerful beings than we knew and our transformed belief in them can revolutionize our lives and the future.		
PS 341	Keys to Awakening	3	A, B, C
	Provides a way to end conflict and suffering, and how to awaken a new state of consciousness that leads to a path of a truly fulfilling existence.		
PS 342	Claiming Your Own Knowing and Worth	2	A, B
	Realize who we are and what we know, so to open to a new possibility and be able to change what has been known. This is the awakening.		
PS 343	Sound Power	3	A, B, C
	Addresses the sounds of music, language, noise, nature and bio-physical rhythms as fundamental attributes of form and consciousness expansion, offering both scientific and spiritual reasons to be aware of the sounds that make up our personal environment.		

*Practical Spiritual Studies Self-Actualization, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 441	Seeking Inner Light	2	A, B
	Demonstrates, through Quaker eyes, that all of life, including the humor and tears, spiritual challenges and questions, and all the feelings and emotions through which we pass, is a parable through which God speaks.		
PS 442	Finding Compassion	1	
	Challenges us to develop a vision and discipline for what lies at the heart of all religion—compassion.		
PS 443	Emotional Clarity in Ministry	2	A, B
	Offers the minister emotional tools that enhance successful ministry in the face of seemingly chaotic situations that may appear.		
PS 444	How To Give	2	A, B
	The timeless wisdom and profound significance of true generosity and gratitude, and how they are among the most important of all virtues.		
PS 445	Self-Care	1	
	Encourages spiritual leaders to take and see fallow times as necessary to recharge so they don't get burnt out, and that these times could result in transformation.		

**Practical Spiritual Studies - Application**

PS 161	Principles of Manifestation	2	A, B
	Explores life-changing principles that enhance and inspire manifestations. Introduces Abraham-Hicks and covers in depth the part that vibration plays in the manifestation of our desires.		
PS 162	Leveraging the Universe	1	
	A simple, step-by-step strategy providing a path for understanding the nature of reality, aligning beliefs with dreams, and learning how to chart a course for experiencing lasting results.		
PS 163	Healing With the Mind	1	
	Provides the student with the opportunity to explore the power of the mind and the presence of a Healing Principle in the universe that can deal with serious maladies when properly contacted.		
PS 164	The Power of Intention	2	A, B
	Demonstrates the potential that group intention has to heal long-standing conditions, mend fractured relationships, reduce violence, and rekindle a sense of purpose in one's life.		
PS 165	Gratitude	1	
	An opportunity to try a 30-day experiment working with the frequency of gratitude and joy, an experience for themselves to increase the miracles that are experienced.		

*Practical Spiritual Studies – Application, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
PS 169	The Law of Attraction	3	A, B, C
	Insights and teachings from over two dozen Spiritual leaders and philosophers, including the many aspects of the Law of Attraction: attention, attitude, and acceptance.		
PS 170	The Power of The Spoken Word	1	
	Incorporates Bible stories and verses in helping the student learn the importance of their words and develop positive attitudes and affirmations to change conditions in their lives.		
PS 171	Intuitive Skills	1	
	Focuses on ways to unlock the natural spiritual abilities with which all humans are endowed.		
PS 261	Infinite Intelligence	3	A, B, C
	Through practical examples and exercises breaks down religious dogma to guide the way through the human illusion of fear in our modern society.		
PS 262	New Paths for Life	2	A, B
	Two different approaches to experiencing the divine Life within everyone.		
PS 263	Practical Spirituality	1	
	Provides a pattern for developing a daily spiritual practice that keeps mind and body in alignment with our spirit-essence.		
PS 264	It's All God	1	
	Explores the nature of God and Human Nature and offers practical ways to live life fully.		
PS 265	Inner Guidance for Life	1	
	Focuses on intuitive development and living in alignment with the creative process.		
PS 362	The Powerful Ideas of Thomas Troward	3	A, B, C
	Judge Troward's ideas played a major role in the lives of Emmet Fox and Ernest Holmes and his works offer a deeper understanding of New Thought principles and how to incorporate those spiritual ideas into one's life.		
PS 461	New Thought Leader Emmet Fox	1	
	The life, philosophy, world, and work of one of the greatest leaders in New Thought.		
PS 462	New Thought Leader Charles Fillmore	1	
	Explores the life of the co-founder of the Unity movement, comparing Charles' philosophy with several other New Thought pioneers.		
PS 463	New Thought Leader Ernest Holmes	1	

The background and conditions leading to the success of one of the greatest leaders in New Thought, including some of Holmes' ideas regarding Science of Mind, which continues to be one of the best textbooks in New Thought.

PS 464 New Thought Leader Nona Brooks	1
A look at the life of one of the founders of Divine Science, sharing some of the issues she faced and how she addressed them.	
PS 465 Visioning	3 A, B, C
Zoom class facilitated by Dr. Robert Brzezinski who will determine materials needed.	
PS 466 Self-Care in Ministry	1
A practical, action-oriented program challenging us to alter the behaviors that get us in trouble, while giving the student the tools to stop the cycle of self-betrayal and neglect that stems from daily violations of self-care.	

## Practical Spiritual Studies - Independent Studies & Projects

PS 191 – 198 Selected with Instructor
PS 291 - 298 Selected with Instructor
PS 391 - 398 Selected with Instructor
PS 491 - 498 Selected with Instructor
PS 591 – 598 Selected with Instructor

## Special Projects

### PS 199 Year One Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to work with fundamental New Thought principles; approved by Instructor at registration and signed off by Instructor upon completion.

### PS 299 Year Two Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to work with New Thought principles across New Thought denominations; approved by Instructor at registration and signed off by Instructor upon completion.

### PS 399 Year Three Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to work with New Thought principles; approved by Instructor at registration and signed off by Instructor upon completion.

### PS 499 Year Four Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to work with New Thought principles as a practitioner; approved by Instructor at registration and signed off by Instructor upon completion.

## Interfaith Studies Classes

### Knowledge Base

Class #	Title	Credits	Modules
IF 601	A, B, C Interfaith Quality of World Religions	3	A, B, C
	A: Beliefs of the World's Religions Surveys 12 of the major world religions including: historical developments, structural cosmology, symbolic interpretation, and values of the Baha'i, Buddhist, Christian, Confucian, Hindu, Islam, Jain, Jewish, Native American, New Thought, Sikh, and Taoist faith traditions.		
	B: Comparisons of the World's Religions Compares by topic of Baha'i, Buddhist, Christian, Confucian, Hindu, Islam, Jain, Jewish, Native American, New Thought, Sikh, and Taoist faith traditions.		
	C: Customs of the World's Religions Surveys the customs, rituals and ceremonies of the Baha'i, Buddhist, Christian, Confucian, Hindu, Islam, Jain, Jewish, Native American, New Thought, and Taoist faith traditions.		
IF 602	Survey of World Religions	1	
	Introduction to an exploration of ancient religions that offer much that is understood differently from our point of view and much more that lives on as poetry, wisdom, and inspiration, which can be applied to modern lives.		
IF 603	Survey of World Religions: Hinduism	3	
	John Bowker's exploration of the coalition of ancient philosophies, texts, practices, and religions of the Indian subcontinent demonstrating that Hinduism has no single founder, and should be understood as a faith or way of life, rather than as one single religion.		
IF 604	Survey of World Religions: Jainism	1	
	John Bowker's exploration of one of the religions of India. A Jaina, or Jain, is a follower of the <i>Jinas</i> , human teachers who have attained the highest knowledge and insight, and who share the release from rebirth in the worlds of ignorance and suffering.		
IF 605	Survey of World Religions: Sikhism	1	
	John Bowker's exploration of one of a religion whose adherents believe in one God, and follow the Gurus who reveal God's teachings, now in a sacred book.		
IF 606	Survey of World Religions: Buddhism	6	
	John Bowker's exploration of a religion which teaches the Buddha's discipline to escape from rebirth and suffering. Though Buddhism began historically in North India, there are now many different forms of Buddhism around the world.		
IF 607	Survey of World Religions: Religious Traditions of China	2	
	John Bowker's exploration of, not a single religion, but different religions and philosophies, of which four areas include: the <i>san jiao</i> , comprised of the way of Confucius, Daoism (Taoism), and Buddhism. The fourth is Chinese Folk religion.		

*Interfaith Studies – Knowledge Base, cont'd*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
IF 608	Survey of World Religions: Religions in Japan	1	
	John Bowker's exploration of religion in Japan is a rich tapestry, as Japanese people do not in general choose between different religions, but participate in several for different occasions and purposes, with an emphasis on the sacredness to be found in nature, respect for ancestors, local traditions and festivals, and the unity of religion and the nation.		
IF 609	Survey of World Religions: Judaism	3	
	John Bowker's exploration of the origins, laws, symbols, worship practices and practices, festivals, rites of passage, travails, of Jewish people, and the mystical knowledge given through hints in the Talmud.		
IF 610	Survey of World Religions: Christianity	3	
	John Bowker's exploration of the life, ministry, death, resurrection, and ascension of a Jewish man whom Christians believe to be the Son of God, with roots that lie further back in the Jewish tradition.		
IF 611	Survey of World Religions: Islam	3	
	John Bowker's exploration what began historically with the Prophet Muhammad, "peace be upon him"—a blessing repeated at each mention of his name, so greatly is he revered—in Arabia in the 7 <sup>th</sup> century of the common era. Includes explanations of the Five Pillars of Islam, the Six Articles of Belief, the Ka'ba', the Islamic State, Sufi orders and beliefs, Islam and Science, and the mosque.		
IF 612	Survey of World Religions: Indigenous Traditions	2	
	Explorations of ancient belief systems of people native to a particular region, existing since before the spread of missionizing world religion, where sacred stories are passed down by oral traditions, commonly bound to the rhythms of the soil, the seasons, and the spirit world.		
IF 614	The Indigenous Intertwining of Ecology and Human Life	1	
	Experience the wisdom of interweaving indigenous traditions with modern science in the context of Western culture.		
IF 615	Sufis & the Beloved	6	
	Explores powerful poetry of Sufi mystics, allowing the rhythm of the Divine Dance to help transmute earthly leaden consciousness into spiritual gold as "Love opens from its center," and celebrate sacred life in everyday existence.		
IF 616	The Tao & New Thought	2	
	Study of Taoist writings in relationship to New Thought philosophy.		
IF 617	New Thought Bible Interpretation	3	A, B, C
	Exploration of the esoteric meanings in many of the bible's allegories and parables, showing the Bible's tremendous value as a guide to spiritual growth.		
IF 618	Science and Buddhism	1	
	His Holiness the Dalai Lama describes the correlation between science and spiritual perspectives as the leader of the Tibetan Buddhist tradition.		

### *Interfaith Studies – Knowledge Base, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
IF 619	Spell Casting & New Thought	1	
	Explores the method and reasoning behind the Wiccan practice of casting spells and compares them to New Thought practices.		
IF 620	The Divine Radiance in Huna	3	
	The sacred knowledge of ancient Hawai'i offers an explanation of the soul's true heritage through beautiful and powerful teachings to help us remember our spiritual gifts and experience enhanced ways of being.		
IF 621	Exploring Sky Elder Teachings	3	
	Explores the power and value of oral history and remembering in the journey to save our future, offering a vision that transcends the either/or ideologies on all sides of the origin debate.		
IF 622	The Sacred Life in Celtic Traditions	3	A, B, C
	The student is invited, through the Celtic path of poetry, creativity, and intuition, to experience 12 heart-expanding practices and become more aligned with creativity and wholeness.		
IF 623	The Labyrinth's Inner and Outer Space	2	
	The Labyrinth can inspire change and renewal, and serve as a guide to help develop higher levels of human awareness, offering the gift of seeing the infinite in the finite.		
IF 624	Healing Traditions Across Cultures	2	
	Explores the ways different peoples have developed to address common hurts and illnesses, including mental issue, finding the consistent patterns among them.		

### **Inter-Faith Studies - Self-Actualization**

IF 641	Discovering Inner Worlds	3	A, B, C
	Using well-tested methods to develop the inner senses and ability to explore other dimensions of being.		
IF 642	Deepening the Silence	3	A, B, C
	Provides guidelines for developing a transformative meditative state, based on Tibetan meditation teachings.		
IF 643	Tibetan Mental Transformation	1	
	The Dalai Lama's teachings that generate compassion, offering the key to transforming hearts and minds to identify the opposing sides in "inner" conflicts.		

### **Inter-Faith Studies - Application**

IF 661	Tibetan Rites of Rejuvenation	2	
	An opportunity to learn about, practice, and prove the efficacy of the five Ancient Tibetan Rites of rejuvenation. Practiced consistently, these exercises are reported to lead to better health and higher energy levels.		

*Inter-Faith Studies – Application, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
IF 662	Tibetan Meditations for Health & Well-being Explanations of why meditation is a healing practice, followed by transformative exercises.	2	A, B
IF 663	Exploring the Worlds of the Shaman Developing an understanding of the Shamanic traditions of different cultures, by following students in their shamanic training.	3	A, B, C

**Inter-Faith Studies - Independent Studies & Projects**

IF 691 - 698 Selected with Instructor

IF 699 Interfaith Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of a variety of Faith Traditions and New Thought principles; approved by Instructor at registration and signed off by Instructor upon completion.

**Interspecies Relationships Studies Classes**

**Knowledge Base<sup>1</sup>**

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
IR 701	Healing the Earth with Acupuncture Learn about the efforts to bring healing to a stretch of the Hudson River using the language and structures of Chinese medicine. You'll discover how ways were found to treat the landscape through treating the landscape as a living being, and then by taking its pulses and treating the points of stagnant energy and pollution with acupuncture.	2	
IR 702	Kinship With All Forms of Life Other beings on this planet have access to wisdom we don't usually allow ourselves to experience.	1	
IR 703	Wisdom Through a Dog's Eyes Some wise lessons learned from observing the dog Skotti, including living in the now, expressing gratitude for what we have, and being patient with the processes of life.	1	
IR 704	The Intelligent Octopus Exploration of the emotional and physical world of the octopus, the remarkable connections it makes with people, and the vibrant community that arises around this complex, intelligent, and spirited creature.	2	

*Interspecies Relationships – Knowledge Base, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
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<sup>1</sup> In addition to Passmore's Animal Chaplain Training program

IR 705 Wonders of Avian Intelligence	2
Discover the revolution in our understanding of bird cognition where you start to unravel the mysteries of the avian brain, while appreciating the beauty and adaptability of birds.	
IR 706 Discoveries from the Secret World of Trees	1
A tour of the secrets of trees and their habitats, how social they are, how they care for each other, and how they communicate via the “wood wide web.”	
IR 707 Observing the Giants of the Deep	2
This pictorial and video tour of the cetaceans demonstrates a different consciousness within the animal kingdom.	
IR 708 Discovering Marsupials	1
This pictorial and video tour of the marsupials explores a very unusual consciousness within the animal kingdom.	
IR 709 Discovering Earth’s Slimiest Creatures	1
Not quite a solid but firmer than a liquid, slime is used by plants and animals for defense, respiration, movement, feeding, communication, and even reproduction.	
IR 710 Filthy Animal Facts and Falsehoods Revealed	1
Separate bizarre myths about the animal kingdom from some absolutely unbelievable facts—the more disgusting the better.	
IR 711 The Science of Animal Flatulence	1
A humorous and interesting tour of the flatulent habits of 80 creatures that do or don’t expel gas from an end opposite to its mouth. Not all farts are created equal, and the smell and frequency of flatulence can vary based on an organism’s diet, health, and gut flora.	

### Interspecies Relationships - Self-Actualization

IR 741 Freedom & The Spirit of Flight	1
Somewhere there’s a higher way of living than scuffing in the tracks of others. This class is for those who yearn to fly and discover the path to follow that is already written within.	
IR 761 Ancient Wisdom of the Bees	2

### Interspecies Relationships - Application

IR 761 Ancient Wisdom of the Bees	2
Delves into the mysteries and power of a European form of shamanism that recognized and linked with the intelligence of this fascinating life form.	
IR 762 Communicating With Our Furry Companions	2
Offers examples of pets using a variety of means to tell their humans what they want and need, and provides guidelines for appropriate human actions.	

### *Interspecies Relationships – Application, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
IR 763	Discovering What Livestock Want	2	
The life and work of Temple Grandin open up whole new vistas of possibilities in our relationship with the species we've turned into food producers.			

### **Interspecies Relations - Independent Studies & Projects**

IR 791 - 798 Selected with Instructor

IR 799 Interspecies Relationship Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to work with a variety of species' interactions with humans applying New Thought principles; approved by Instructor at registration and signed off by Instructor upon completion.

### **Wisdom Studies & Expressive Arts Classes**

#### **Knowledge Base**

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
WS 801	The Higher Consciousness of Vibration	2	
Explores how to co-create with the spirit intelligence of ancient sounds and metaphor to connect more deeply to life, our Infinite Self, and Universal Spirit.			
WS 802	Finding Divine Power in Myths	1	
An overview of the role that myth plays across cultures and in our lives.			
WS 803	How Everything Changes	1	
An invitation to reflect on the processes of transformation through the transformative processes of love's alchemy abounding in this universe.			
WS 804	The Listening Path	2	
Offers guidelines for becoming one who listens to others, to Nature, and to the inner Self.			
WS 805	Finding the Divine in Shapes & Symbols	2	
Invites the student to explore the various symbols and shapes used to deepen awareness of the divine Presence.			

#### **Wisdom Studies - Self-Actualization**

WS 841	Food of Spirit, Food of Body	2
Reflections on the processes of transformation, of alchemy within your own life, through the use of power poems and prayers designed around the place, process, and seasons of making and eating bread.		
WS 842	Finding the Divine in the Kitchen	2
Much that goes on in the kitchen is actually sacred practice – if we are mindful.		

*Wisdom Studies – Self-Actualization, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
WS 843	Building a Consciousness of the Divine	2	
	How to live a life of Grace that transcends human law as we silently enter the mystical realm of The Christ, where fearful beliefs dissolve, and the miracle of Oneness, the great I AM, is our reality.		
WS 844	Riding into Divine Light with Hafiz	2	
	Hafiz says "Love opens from its center" and draws the reader into a place of deeper truth, where a power can be found greater than all the negative forces of the world.		
WS 845	The Marvelous Introvert	2	
	Examines why introverts throughout history have accomplished incredible feats because of their quiet personalities, not in spite of them. Shows how to step outside our comfort zone to follow your passions, connect with your highest potential, and empower others.		
WS 846	The Feminine Creative Process	1	
	Provides an understanding of the role that creativity plays in a woman's life, ways we are creative even though we may not be aware of it.		
WS 847	The Gifts of the Second Half of Life	3	
	Offers a view of aging as the way God is moving us from doing to being, from achieving to appreciating, from planning and plotting to trusting the strange process in which, as we diminish, we strangely expand and grow in all sorts of ways.		
WS 848	You are Not Your Mistake	1	
	Demonstrates timeless truths to show you how to see the good at work in your life, even when you mess up (or think you mess up), and allows you to embrace the truth and believe in who you were created to be while discovering the power of grace—for others and for yourself.		
WS 849	You are the Formula	2	
	Explains how there is no formula outside of you; no other vision outside of yours; no other path except your own.		

**Wisdom Studies - Application**

WS 861	The Four Elements in Prayer	2
	Connects the power of Earth, Air, Fire, and Water with the dynamic process of prayer.	
WS 862	Movement As Prayer	1
	Explores the ways that moving the body can be an experience of the connection with the Divine that we call prayer.	
WS 863	Brain Health for Life	1
	Explores ways to improve mental functions and enhance the quality of our life regardless of age.	

*Wisdom Studies – Application, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
WS 864	The Courage to Be Creative	2	
	The lines blur between heavy and light, God and earth, when we start to understand that when we play, the Divine steps in to help us share our inner gifts with the world.		
WS 865	The Sequence of Creative Action	2	
	Thomas Troward's explanation of the sequence of creative action, commencing with the formation of the globe and culminating in a vista of infinite possibilities attainable by everyone who follows up on the right line of their unfoldment.		
WS 866	Living from Inner Guidance	1	
	Focuses on intuitive development and living in alignment with the creative process.		
WS 867	Feng Shui for A Holistic Home	3	
	Assists in creating a dynamic, healthy, and thoughtful space within our own self and our home by combining aspects of mind, body, and spirit.		
WS 868	Wisdom from The Way of Tea	1	
	Connects the core tenets of this ancient art with learning how to live life in each moment, with an eye to the future.		
WS 869	Working in Harmony with Nature Consciousness	2	
	Follow the author's conscious discovery of the realm of the elementals as we are shown that the elemental realm is vastly more powerful than our human kingdom and possesses an ability to create far beyond our human means.		
WS 870	The Power of Drumming Circles	2	
	An experiential exploration of the process and impacts of forming circles of people with percussion instruments.		
WS 871	Setting Up Sacred Space	3	
	Provides guidelines for the structure, process, and internal state that leads to an experience of the Sacred.		
WS 872	Rituals & Costumes	2	
	Explores the ways in which specific forms of dress and repeated actions contribute to our experience of the Divine Presence within and around us..		
WS 873	Facilitating Expressive Art Experiences	3	
	Provides guidelines for planning, arranging, and implementing a program in which participants are offering experiences or performances of their art.		

## Wisdom Studies - Independent Studies & Projects

WS 891-898 Selected with Instructor

WS 899 Wisdom Studies Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to apply New Thought principles in every aspect of life; approved by Instructor at registration and signed off by Instructor upon completion.

## Transcendent Studies Classes

### Knowledge Base

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
TS 901	Ralph Waldo Emerson's Transcendentalism	3	
	In his talks and essays, Emerson laid out the essential philosophy of New Thought as a way of living that transcends current times, place, and culture.		
TS 902	Levels of Consciousness	3	
	A psychiatrist's transformative experience leads to a new understanding of our inner power as it relates to our current level of consciousness.		
TS 903	Journeying Through the Wheel of Transcendence	2	
	Focuses on transcendent levels of consciousness. In journeying around this Wheel, what could be considered aspects of mastery or states of consciousness becomes clear, with the resultant effects of holding these states of consciousness.		
TS 904	The Spiritual Transcendence of Rumi	2	
	Rumi's ecstatic poetry influenced the mystical evolution of the planet. Celebrate sacred life in everyday existence.		
TS 905	Through the Eyes of the Immortal Soul	3	
	Answer the age-old questions of who are we, why are we here, and where are we going and expand your understanding of the incredible sense of order and planning which exists for the benefit of human beings.		
TS 906	The Consciousness of the Mystic	2	
	Joel Goldsmith's explanation of the nature of spiritual power, offering ways to embody, practice and live in the consciousness of the Mystic.		
TS 907	Operating As Love Consciousness (1001A, 1001B)	2	
	Learn to anchor and manifest the Divine Self incarnated as you and begin to operate from Divinity through an awareness of your unification with Source.		

### Self-Actualization

TS 941 Be Truth

1

Explores Truth as a vibration, a God frequency, including the difference between telling a truth and being Truth, and how to operate as the Truth that you Are.

*Transcendent Studies – Self-Actualization, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
TS 942	Be Authenticity	1	
	To be authentic is to learn to be true to our True Self versus our persona, allowing us to see clearly how you carry around frames and labels that define and keep you stuck.		
TS 943	Be Harmony	1	
	Learn how everyone fits into the whole and how we relate to one another. Within harmony we find mindfulness, wisdom, and joy that lead to Divine Right Order, Divine Right Timing, and Divine Right Action.		
TS 944	Be Impeccability	1	
	As the Divine incarnated, each of us is therefore flawless and unblemished at our core – an understanding which leads to new levels of clarity and commitment on our current Soul journey.		
TS 945	Be Grace	1	
	Bringing oneself in alignment to Grace, starting to witness the Presence of the Divine within and upon all things, we move into an alignment to a new potential of blessing and being blessed in return.		
TS 946	Be Enlightenment	1	
	The path of enlightenment is a process, not a destination. As we start to understand ourselves as both the inbreath and outbreath of the Divine, we stand at the still point of Creation and come to understand what it means to claim, "Let		
TS 947	Be Transcendence	1	
	Time begins to expand, we understand more about the Now Moment, and what it means to be "open at the top." We truly start to understand existence beyond the physical level and the Oneness of All That Is, as we find that in order to ascend and transcend, we must help each other, because we are each other.		
TS 948	The Transcendent I AM	1	
	Focuses on transcendent levels of consciousness, in order to start understanding existence beyond the physical level. This class will serve to show that true transcendence isn't static, but constantly moving and evolving, a circle that expands to hold more of Itself.		

**Application**

TS 961	Be Reverence	1
	An opportunity to learn to settle into your heart space and look at all life through the eyes of the heart. By taking steps to look at creation and self this way, you learn to respect all life and start to create through awe, wonder, and Divine Right Order.	
TS 962	Be Trust	1
	Explores the frequency of trust and begin to shift from a fear-based way of living to one of surrender, embracing trust of the essential Self.	

*Transcendent Studies – Application, cont'd.*

<b>Class #</b>	<b>Title</b>	<b>Credits</b>	<b>Modules</b>
TS 963	Clairaudience For Guidance	2	
	Build a clairaudient toolkit filled with techniques to assure everything from energetic protection to accurate interpretations of what you hear. Exercises enhance abilities while paving the way to great opportunities and spiritual insight.		
TS 964	Be Freedom	1	
	Learn to release everything keeping you from aligning and merging with your Highest Divine Potential: letting go, allowing and acceptance of Divine Order, resolution of disorder, and eventual evolution into a new transformation.		
PS 965	Embodying the Christ Vibration	3	A, B, C
	Offers ways to discover and align with and as the higher, purposeful nature — or “Christed Self” — that lies dormant within us all, offering new levels of healing, self-awareness, and life purpose, to release layers of blockages and become a receptor for energies from above.		

**Independent Studies & Projects**

TS 991-998 Selected with Instructor

TS 999 Transcendent Studies Special Project

A clearly defined process, demonstration, or experiment that contributes to the student's understanding of and ability to apply New Thought principles within the framework of the transcendent possibilities of life; approved by Instructor at registration and signed off by Instructor upon completion.

## Enrichment Classes

Most Emerson Institute classes may be taken simply for personal enrichment, without necessarily aiming for a certificate or degree. Whether offered through one of our Cooperative Learning Centers or online through EI, students are invited to participate in entry level classes at any time.

There are some subjects, however, that are best offered as experiences, rather than studies. They enrich our lives, regardless of our background or professional aspirations. These are the programs and classes that are offered here.

Qualified professionals offer these experiences to a broader market, beyond New Thought centers and churches, and charge fees based on the cost of providing them, rather than at standard EI tuition rates.

### Consciousness Studies

CS 1001 - 1019

### Applied Metaphysics

AM 1020-1029

### Ascension Sciences

AS 1030-1039